

### **Medjool Date Spinach Salad**

3 cups of loose spinach  
¼ cup of chopped walnuts  
¼ cup of feta cheese crumbles  
1/8 cup sliced olives (both Kalamata and green olives)  
1/8 cup of diced red onions

#### **Dressing**

1/8 cup of sugar  
½ cup Mario's famous Italian dressing  
2 tbsp of balsamic vinegar

Toss salad and add dressing to your desire!

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